

Structured Outpatient Program FAQs

Q. What is a Structured Outpatient Program?

A. Structured Outpatient Programs (SOPs) are highly structured, coordinated, multi-disciplinary treatment programs provided in a hospital-based outpatient setting.

Q. What patient populations are served by SOPs?

A. SOPs provide individualized treatment for adults 55+ who suffer from behavioral health disorders.

Q. How can an SOP at a CAH benefit rural communities?

A. Providing access to a SOP allows the patient to receive treatment within their community and improves overall hospital outcomes, patient satisfaction and patient loyalty. Delays in treatment can result in irreversible disease progression, and can exacerbate the cost of care for both the patient and the health system.

Q. How can an SOP benefit a CAH?

A. SOPs help meet community needs and provide a significant contribution margin. For example, a SOP that sees 6 patients per day, with a total of 50 admissions per year, could have an estimated contribution margin of \$75,000 - \$100,000.

Q. What is a typical SOP program schedule?

A. SOPs are typically comprised of group therapy Monday through Friday with patients returning to their homes each evening. Patient participation is based upon treatment plan recommendations, with a maximum of 12 hours per week.

Q. What essential staff are part of an SOP?

A. SOP services are provided by a licensed clinician, under the supervision of a board certified Psychiatrist. Other members of the SOP treatment team may include a program coordinator, mental health tech and/or van driver.

Q. How can Diamond Healthcare help?

A. Diamond can help determine if an SOP is viable for your community and hospital by providing a quick market and financial analyses. If viable, we can develop a cost effective and high quality SOP.