

Medically supervised and tailored to meet the individual needs of older adult patients requiring behavioral health support who do not require an inpatient facility.

Structured Outpatient Services

Have you compared your outpatient services from four or five years ago to what you are offering today?

Outpatient Services

With the medical community in flux with healthcare reform and with the demand for behavioral health services on the rise, critical access hospitals have a great opportunity to:

- Expand the continuum of care
- Treat patients in most appropriate environment possible
- Provide state-of-the art clinical services
- Meet an identified community need
- Expand revenue opportunities

The Program

The Structured Outpatient Service focuses on enhancing the patient's coping skills and treating behaviors such as anxiety, depression, psychosis, bipolar disorder, mild cognitive impairment and post traumatic stress disorder.

The treatment team consists of a board-certified psychiatrist, a master's licensed therapist, a program coordinator and clinical support staff.

Admission determination is made by the psychiatrist (medical director) and is established based on medical necessity, level of care criteria and the individual needs of the patient.

Multi-Disciplines Utilized

Most therapy sessions are in the group format, although individual therapy can be provided if clinically indicated. These groups are facilitated by a trained and licensed clinical social worker, under the supervision of a board-certified psychiatrist.

The Psychiatrist will provide clinical leadership as well as medication management and/or consult with the patient's primary care physician while in the program. The program also provides discharge planning and case management to enhance integration into the community.

Referrals

In most programs, the clinical staff offers free confidential assessments for the purpose of determining the need for behavioral health services. Referrals to the program may also be made by physicians, nurses, social workers or others concerned about the welfare of an individual.

Many times transportation to and from the Structured Outpatient Program is available if needed.

DIAMOND CAN HELP

Diamond will help you determine the extent of your *community behavioral health needs* or if your current service meets the behavioral health demands of your community. Diamond will also help your hospital:

- Develop high quality clinical services
- Establish a cost effective point of care
- Expand the continuum of care
- Expand outpatient services
- Meet an identified community need
- Provide a state-of-the-art service
- Provide clinical and programmatic oversight

Example CAH SOP Model

Proforma Statement of Income:
5 days at 75% of 8 Patient Model Census 6.0

Based on the above information, this type of program could potentially generate revenues between \$500,000- \$650,000 and an estimated contribution margin of \$75,000 - \$100,000.